WHAT IS QST®?

- Quantum shift technique (QST®) involves advanced neurological evaluation strategies that identify imbalances. This was created by Dr. John Turner who teaches this technique to other Chiropractic physicians seeking to advance their skills in Neurological Chiropractic care.

- These imbalances are in the in the brain/ body connection or communication pathways that effect the body in terms of balance, pain, posture, muscle weakness Range of Motion (ROM) and general function.

- QST® reconnects and restores the pathway in which the brain comminates with specific nerves, extremities, muscle or nerve groups

- QST® allows the doctor to make very targeted quick changes in the way the brain communicates with the body restoring correct posture, balance and improving pain, weakness and ROM.