Cold Laser Therapy is a safe treatment that utilizes specific wavelengths of light to interact with tissue to help accelerate the healing process. It can be beneficial for clients that suffer from a variety of both acute and chronic physical conditions. It is frequently used to help eliminate pain, muscle spasms, swelling and to increase functionality. Cold Lasers may be used by stimulating specific reflex points. The same points as acupuncture but without the needles. The lasers deliver light energy units called photons to damaged cells. This treatment is FDA approved, noninvasive and provides a non-addictive treatment that eliminates the effects of long-term drug treatment programs. Other benefits include: nontoxic, painless treatment that is affordable, has no side effects and is highly effective. Some conditions commonly treated with cold laser include but are not limited to:

- Acute and Chronic Pain
- Fibromyalgia
- Bursitis
- Arthritis
- Soft Tissue Injuries
- Muscle strains
- Tendonitis
- Carpal Tunnel Syndrome